

# Lane Green First School

## PE Curriculum

# Vision for PE

## Intent

At Lane Green First School, our PE curriculum aims to motivate our pupils to participate, develop and compete across a wide range of sports, fostering a love for the subject. Through an inclusive and differentiated approach, we aspire to stimulate children at Lane Green to become resilient, confident individuals, who will grow to lead healthy, active lifestyles. Children are encouraged to become leaders whilst collaborating with their peers and to develop a greater respect for sportsmanship. Lane Green provides children with the fundamental skills and understanding to succeed in physical education.

## Implementation

**Competition** - All children, from the age of 6, are given the opportunity to compete in a wide range of sports, both within the local cluster and wider district and wider competitions. Children are encouraged to endeavour to win and demonstrate excellent sportsmanship at all times when representing the school. Competition results are celebrated within the school, allowing participating children to feel rewarded and their efforts appreciated.

**Inclusion** - Across the school, staff ensure that their lessons are differentiated and resourced appropriately for all pupils, ensuring they can access their learning. Planning is carefully thought-out, allowing children of varied abilities to progress and tackle new challenges. Children at Lane Green feel supported to ask questions on how they can develop their sporting ability. A varied curriculum, including swimming, dance, gymnastics and Paralympic sports, enables the children to enjoy a breadth of sports and activities.

**Extra-curricular Activities** - Lane Green offers a range of after-school clubs, such as netball, football, basketball and dodgeball. Children are taught the fundamental skills in a fun, competitive environment, applying their learning from PE lessons. Children at Lane Green understand the importance of commitment, punctuality and support each other in becoming more confident, sporting individuals. Key Stage 2 children are offered the opportunity to attend residential where they can grow in confidence in an alternative environment.

**Curriculum** - The PE overview is progressive to ensure, across Early Years, Key Stage 1 and lower Key Stage 2, children have the opportunity to develop. In the Early Years and Key Stage 1, the fundamental skills are taught through fun, motivating and inclusive lessons to foster a love for PE. Therefore, when children reach Key Stage 2, they are enthused and keen to implement these skills in their PE lessons. Year 3 pupils attend swimming lessons at a local swimming pool.

**Healthy Active Lifestyles** - Physical and mental well-being is taught across the school in both the children's academic and non-academic subjects. They learn to understand the importance of a Growth Mindset and are encouraged to support one another emotionally. Children at our school are offered the opportunity to enjoy a balanced, nutritious school dinner. Additionally, in Early Years and Key Stage 1 children are offered a range of fruits daily.

## **Impact**

**Planning** - Does the planning provide opportunities for all children to develop? Does the planning adopt an inclusive approach? Are questions asked to support children in mastering a deeper understanding? Is planning relevant and linked to competitive sport? Are tasks differentiated? Is there a clear sequence where children build on prior learning? Are lessons engaging and fostering a love of PE?

**Pupil voice** - Do children enjoy PE? Are they excited by lessons? Do they have a passion for PE? Are they learning and developing their understanding for a range of sports? Do they feel they have the opportunity to use these skills and apply them competitively? Are children confident in discussing sports using technical language? Do they enjoy working in collaboration with their peers?

**CPD** - Are staff confident in their subject knowledge? Do we provide opportunities for staff to share good practise and ask for support? Are we keeping staff updated with any necessary information regarding the PE action plan?

**Competitions** - Are we attending local sports competitions? Are we hosting sports competitions? Do we give the opportunity to all children to participate? Are sports competitions varied for age and sport?